

# **Opioid Management**

**Board of Directors – Open Agenda Item 23**

**May 25, 2018**

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**Chief Medical Officer**

# Opioid Management

2013

- Pharmacy Benefit Manager (PBM) red flag for high dosage opioids > 120 MED
- Mailed opioid flyers to all MPN Physicians
- Peer to peer Physician Review for physicians prescribing high dosages of opioids
- Dependency-weaning protocols thru URO partners (>120 MED)
- Mailed opioid education material to all injured workers with first opioid script

2014

- Preferred drug list for MPN providers
- Reduced opioids approval to 30 days and limited long-acting opioids
- Mailed opioid flyers to all MPN physicians

2015

- Evidenced based physician education modules for acute and chronic pain
- Chronic pain program for injured workers dependent on opioids
- Mailed opioid flyers to all MPN physicians

2016

- Reported high dosage prescribing pattern to MPN administrator for education and/or termination

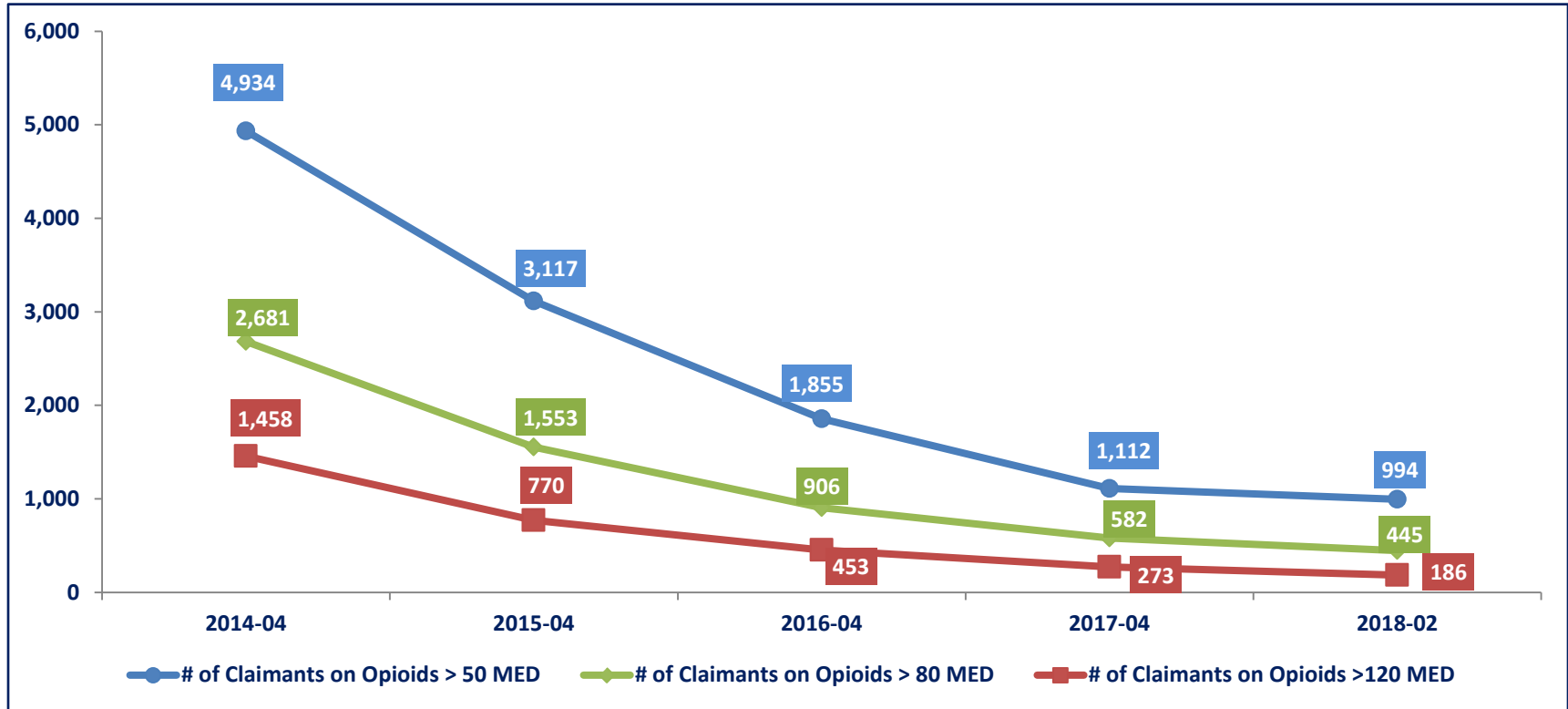
2017

- Functional restoration –Centers of Excellence Program
- Nurse Case Management Triage

# Opioid Management Impact

## Morphine Equivalency Dosage (MED) Reductions

### MED Reductions at >50/80/120 MED

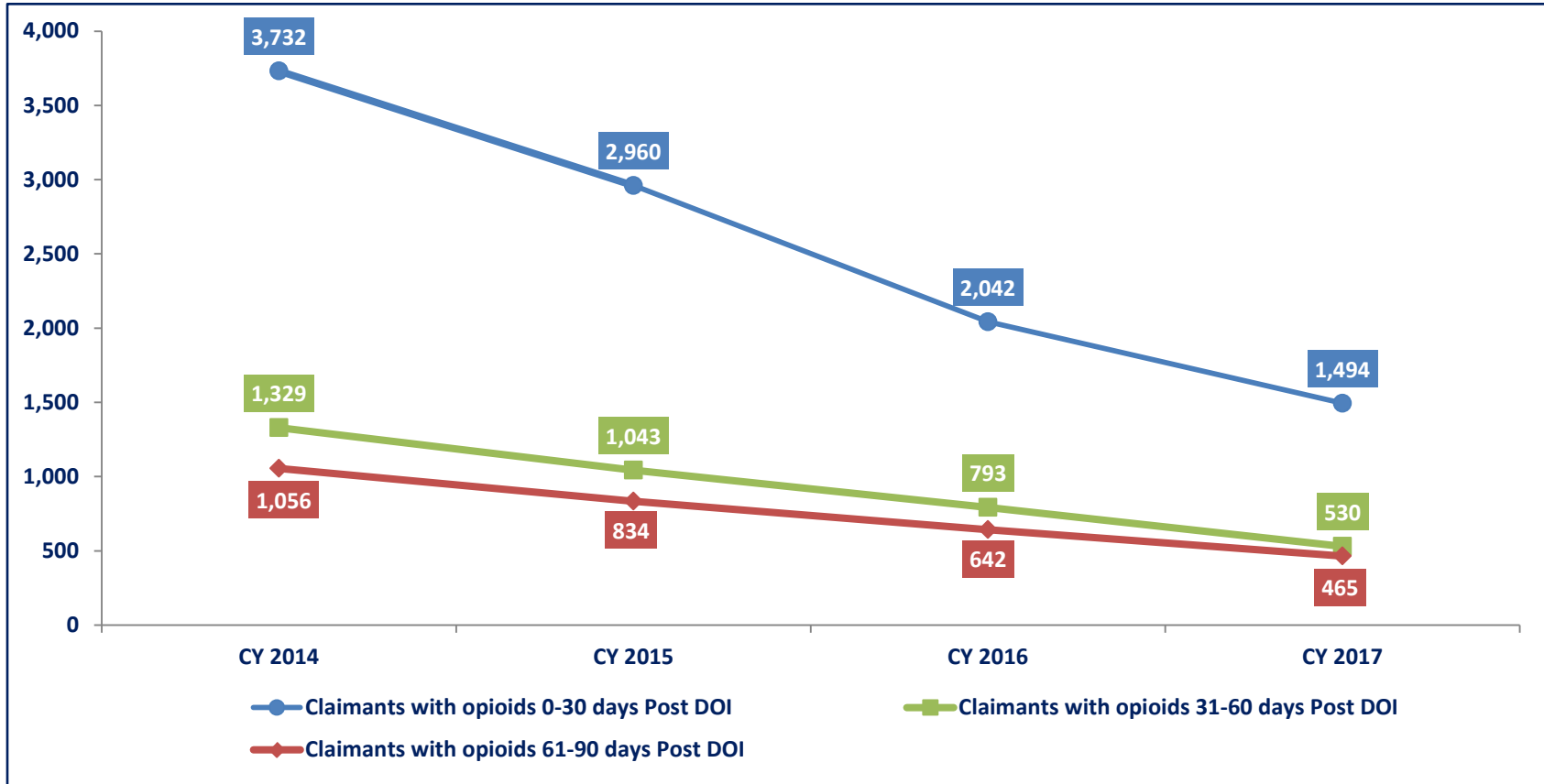


#### Total Reduction 4-2014 to 2-2018

- >50 MED = 80%
- >80 MED = 83%
- >120 MED = 87%

# Opioid Management Impact

## Early Intervention & Med

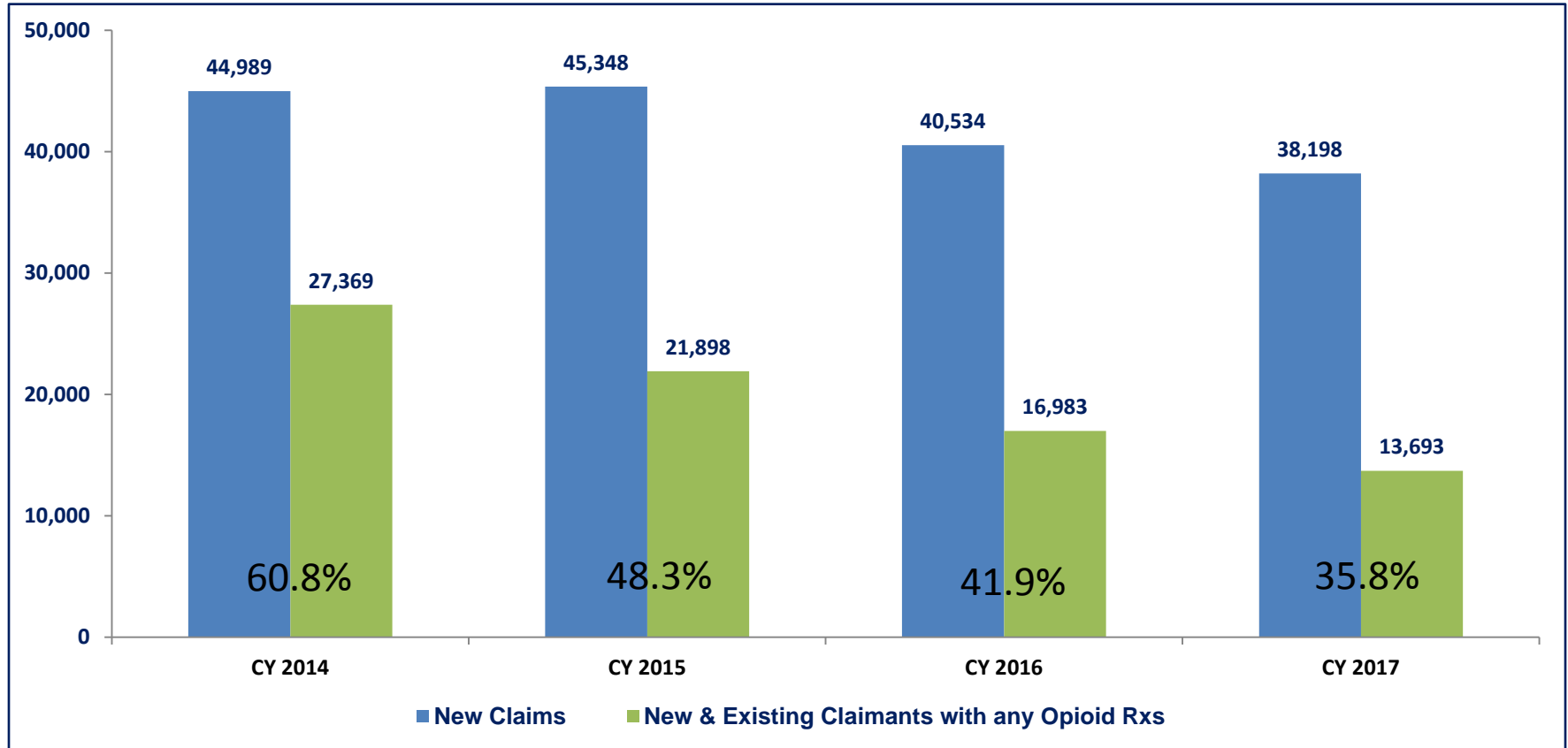


### % of New Claims with Opioids prescribed within the first 90 days

- 2014 = 14%
- 2015 = 11%
- 2016 = 9%
- 2017 = 7%

# Opioid Management Impact

## New Claims and Total Claims Prescribed Opioids

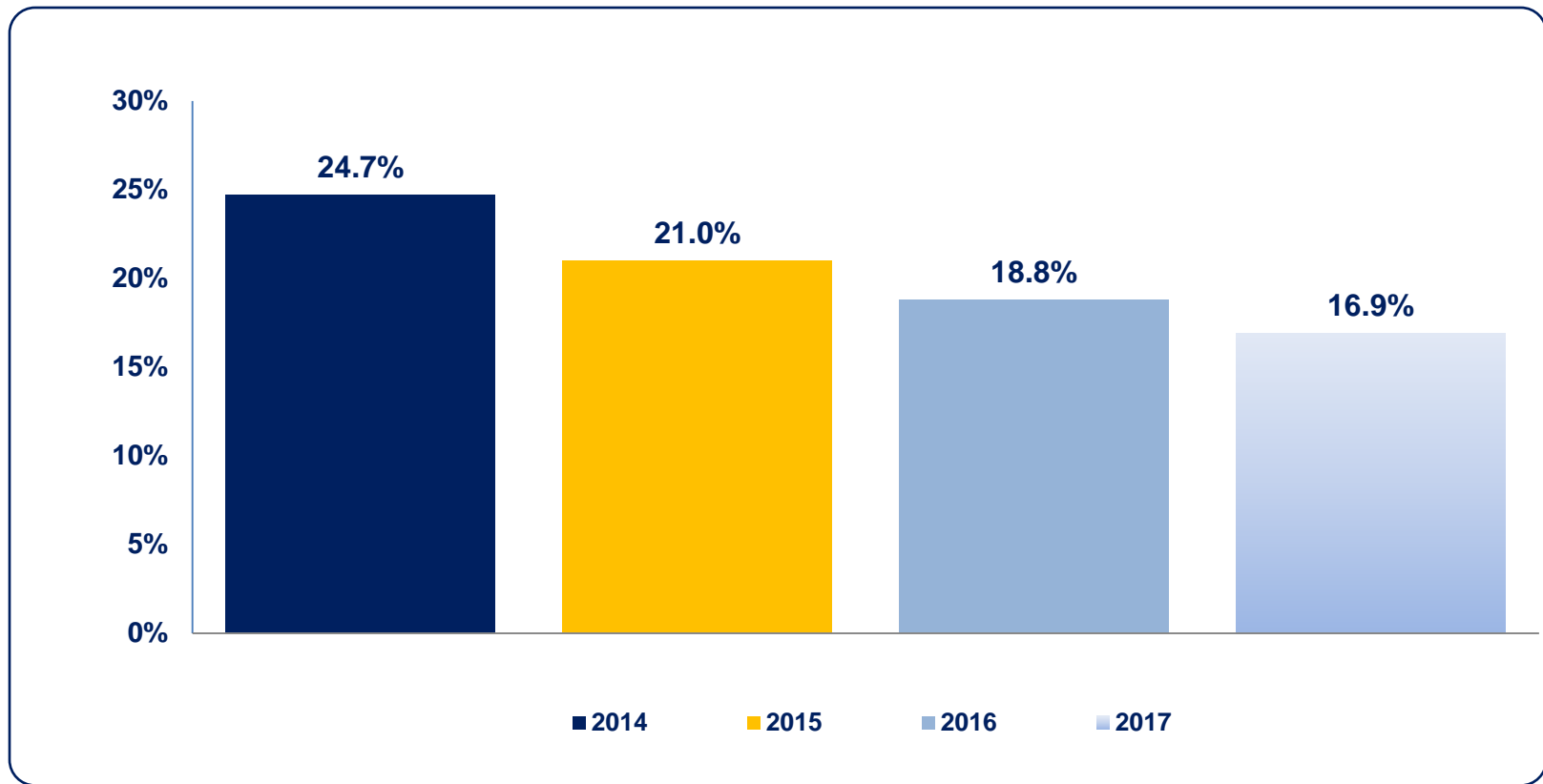


### Reduction from 2014 to 2017

- New Claims = 15%
- Claimants with an opioid script = 50 %

# Opioid Management Impact

Opioid Rx as a % of Total Rx



32% Reduction from 2014 to 2017

Source: PBM